

Getting Great Dental Care Just Got Easier.

With the convenience and savings your Cigna Healthcare Dental PPO (DPPPO) plan provides, you can't help but smile.



Activate your personalized myCigna® account and start making the most of your benefits today.



Find a highly rated dentist

myCigna® makes it easy to search for local dentists in your plan's network. Verified patient reviews and ratings can help you choose the right dentist for your needs.



Know what you'll pay for a procedure

Find costs for hundreds of procedures based on your specific plan and whether you've met your deductible and annual dollar maximum. You can even compare how much the same procedure might cost with different dentists.



Access virtual care and other tools

Consult with a licensed dentist 24/7/365 through Cigna Dental Virtual Care,¹ view claims and find a digital copy of your insurance ID card.



Enroll in the Cigna Dental Oral Health Integration Program®

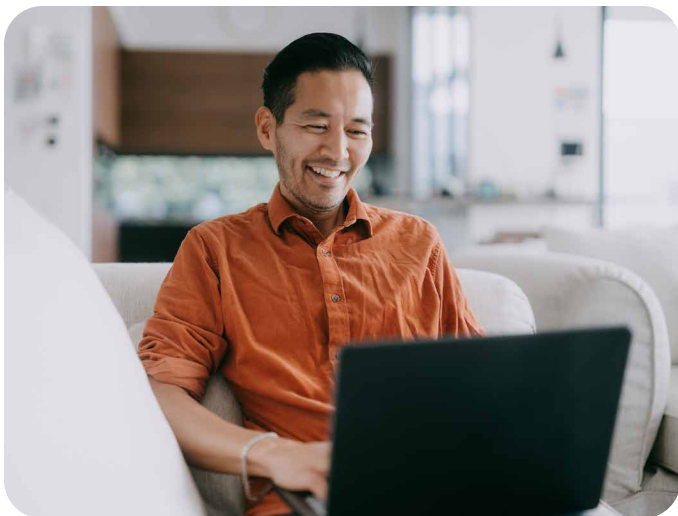
This program gives customers with certain medical conditions access to additional dental health services that may help manage their medical condition — at no additional cost.²

What's the advantage of using a network dentist?

You'll likely save more by using a network dentist, because they cannot "balance bill" you for the difference between their regular fees and the reduced fees they have agreed to accept from Cigna. Non-network dentists can balance bill you for this difference.



Customers who use myCigna to search for dentists save an average of \$117.³



Don't put off preventive care!

Under your dental plan, certain preventive care services like cleanings, oral exams and x-rays are covered at no additional cost when you use a network dentist.⁴

Data shows that those regular checkups make a real difference, not only for your oral health but for your overall health — and your wallet.



Three simple steps to a healthier smile

1. Activate your myCigna® account
2. Find a dentist in your network
3. Schedule an appointment

1.5x

The likelihood of developing gum disease is 1.5 times higher for people who do not get regular preventive care.⁵

22%

Regular preventive care reduces the likelihood of needing emergency or urgent care by 22 percent.⁵

31%

Regular preventive care can reduce future dental costs by 31 percent.⁵



Questions?

We're here to help 24/7/365, with live customer support in over 150 languages. Call us at **1.800.Cigna24** or chat with us on **myCigna**.



1. Cigna Healthcare provides access to virtual care through national teledental care providers via myCigna.com as part of your plan. Providers are solely responsible for any treatment provided to their patients. See your plan materials for the details of your specific Dental plan. This service is separate from coverage for virtual dental care obtained by your Dental plan's network and may not be available in all areas.

2. Covered employees must enroll in the Cigna Dental Oral Health Integration Program® prior to receiving dental services to be eligible for reimbursement. This program provides reimbursement for certain eligible dental procedures for customers with qualifying medical conditions. Reimbursement is subject to plan year maximums under DPPO plans.

3. Cigna internal reporting as of December 2023 for DPPO customers who use myCigna and customers who do not.

4. Plans may vary, and not all preventive care services are covered. See your plan documents for a complete list of covered preventive care services.

5. National study of Cigna customers with dental and medical coverage, March 2024. Individual results may vary.

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